Examples: ISSP (ISSP Research Group, 1988, 2003).1

First, there are some household and garden jobs you really can't do alone – for example you may need someone to hold a ladder, or to help you move furniture.

- A. Who would you turn to first for help?
- B. And who would you turn to second?

	Α	В
	FIRST	SECOND
husband / wife / partner	01	01
mother	02	02
father	03	03
daughter	04	04
son	05	05
sister	06	06
brother	07	07
other relative, including in-laws	08	08
closest friend	09	09
other friend	10	10
neighbor	11	11
someone you work with	12	12
social services, or home help	13	13
someone you pay to help	14	14
other (PLEASE WRITE IN) FIRST	15	15
other (PLEASE WRITE IN) SECOND	16	16

¹ A similar approach is used in the EQLS study (European Foundation for the Improvement of Living and Working Conditions, 2018), only a shorter, more condensed list of roles is used (partner/spouse, other family member, work colleague, friend, neighbor, someone else, nobody, don't know). In EQLS, only one role is given for each question.